Paterson, New Jersey

United Way of Passaic County and partners are fighting to address the health needs of Paterson by creating greener neighborhoods that promote physical activity and increasing access to foods that support healthy eating patterns.



Goals

- Expand summer meals and after school dinner programs in the City of Paterson
- Adopt healthy food procurement practices at institutions such as Paterson Public Schools
- Expand of community gardens in the City of Paterson

Background



Population size: 267,503



37.4% of surveyed Paterson residents reported being food insecure.



20% of adults in Paterson reported eating five or more servings of fruits and vegetables per day.



Paterson has a "limited access to healthy food" of 14% with some sections of the city between 30–50% limited access.

Success Stories



Expanded of Green Acres Community Garden and increased production and community engagement

Formed a resident led community garden planning committee which identifies location for new community gardens





Expanded number of days meals are offered through the meal distribution sites which increased the number of meals served by 20%

Key Milestones from July - December 2020



4,000

individuals provided with nutrition education and support services

45



partner organizations convened or engaged by the lead partner to promote access to foods that support healthy eating patterns



10,000

individuals provided with foods that support healthy eating patterns

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