Wheeling, West Virginia

The City of Wheeling and partners is working to create what they call the “Edible Mountain,” a holistic, place-based youth wellness hub that aims to increase access to local food, physical fitness, social connection, and creative exploration.

Goals

- Improve physical health among youth, as measured by reduced prevalence and risk factors for childhood metabolic disorders
- Improve resilience among youth, as measured by reducing the impact of Adverse Childhood Experiences

Background

- Population size: 26,771
- Wheeling median household income for families with children is substantially lower than the state's average.
- Wheeling’s urban core’s youth population suffers from metabolic disease and trauma at a disproportionately high rates.

Key Milestones from July – December 2020

- 9 individuals that attended community convenings or meetings related to access to foods that support healthy eating patterns
- 3 partner organizations convened or engaged by the lead partner to promote access to foods that support healthy eating patterns
- 3 community convenings or meetings related to access to foods that support healthy eating patterns

Success Stories

- Hired a new parks and recreation director
- Hiring process for coordinator is underway and being led by Never Bored Board, a youth leadership group
- Participated in meetings with Prevention and Research Partner to learn best practices regarding evaluation metrics, data collection, analysis

Follow their social media!

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