

# Wilkes County, North Carolina

WILKES COUNTY  
The Health  
Foundation, Inc.



*The Health Foundation, Inc., and partners, form the Wilkes Healthy Action Team to address Wilkes County's health and safety needs through cross-sector, community-informed work.*

## Goals

- Authentically engage the community to develop policy, system, and environmental changes needed to enhance healthful eating
- Remove barriers that prohibit people from accessing healthy foods including transportation, cost, and knowledge of food preparation

## Background

- ✓ Population size: 68,557
- ✓ Wilkes County has a high poverty rate of 19%, with 13.8% being food insecure.
- ✓ 22.6% of children in Wilkes County live in homes that are food insecure.

## Key Milestones from July - December 2020

4

new food access points

3,900



individuals reached through public communications that promote advocacy, transparency, awareness or knowledge of the food system

2,252



individuals provided with foods that support healthy eating patterns

## Success Stories



Distributed 24,000 meals to children 0-18 years old

Recruited 6 Design Team Members with varied life experiences who will pilot ideas generated to explore the connection between the ability to access healthy foods and where a person lives

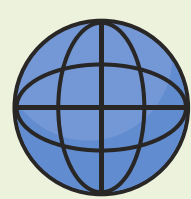


Served 157 unduplicated people with 1,820 meals

## Follow their social media!



@healthywilkes



healthywilkes.org

